Caring Helpers
Leadership Training

FUNDED BY THE COUNTY OF SAN DIEGO

CARING HELPERS
LEADERSHIP TRAINING

About Us

About us:

“SPEAKING OUT FOR POSITIVE CHANGE”

Mission Statement:

Training Leaders to Strengthen Communities.

Vision:

Our goal is to support youth and adults in becoming leaders in their communities. We do this through education and de-stigmatization of mental health, while recognizing the values, beliefs and cultural differences of the diverse population of San Diego County.

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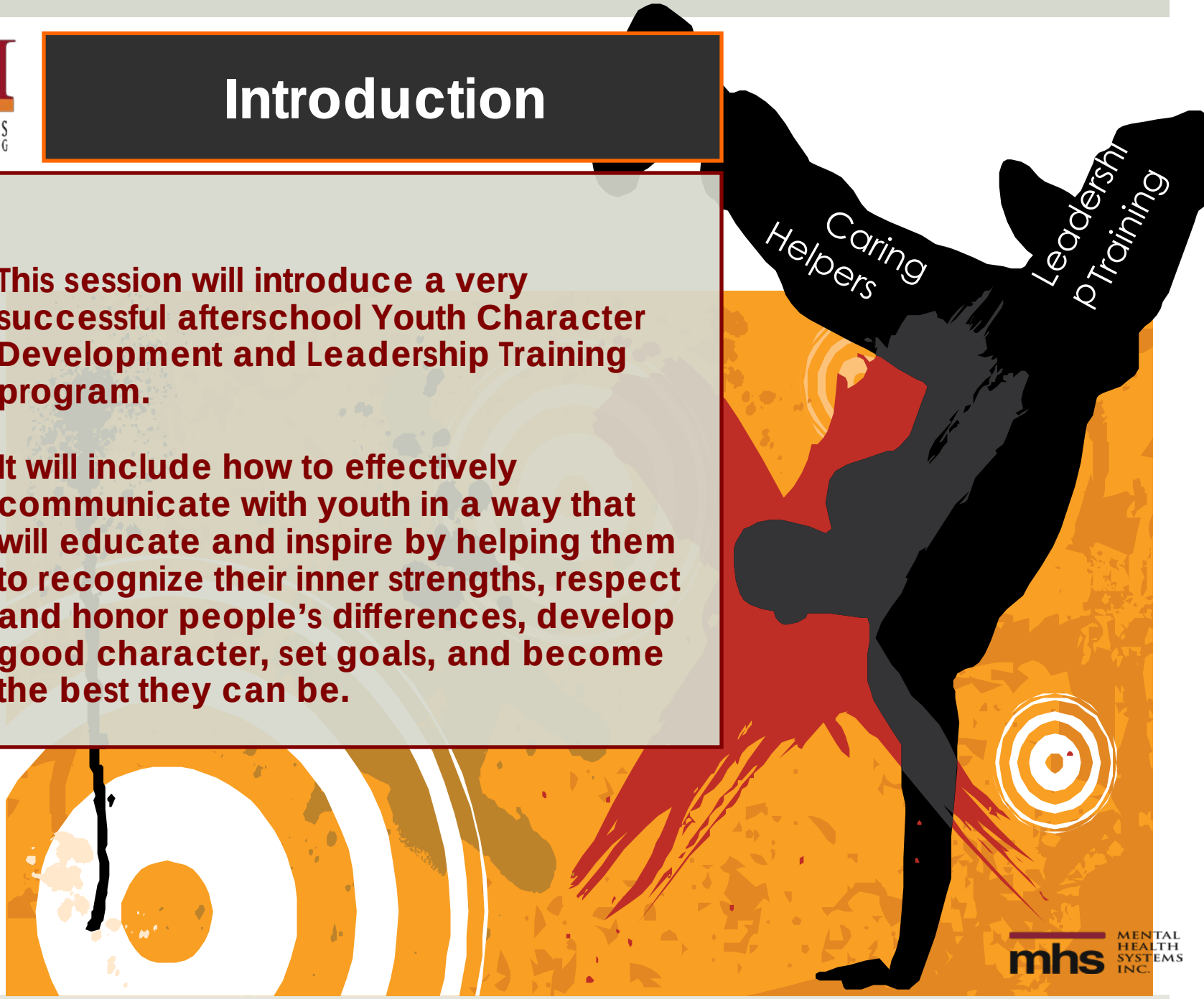
Introduction

- This session will introduce a very successful afterschool Youth Character Development and Leadership Training program.
- It will include how to effectively communicate with youth in a way that will educate and inspire by helping them to recognize their inner strengths, respect and honor people's differences, develop good character, set goals, and become the best they can be.



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Introduction

Afterschool Program

Diversion Program

Community Service Projects

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Session Goals

1. Eliciting Strengths
2. Trade Lands Group Exercise
3. Understanding the Learning Mind (AVK)
4. Promoting Personality (Freedom Writers)
5. CHLT Outline & Session Objectives
6. Endangered Voices
7. Josh Reando
8. Q&A, Evaluations

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Exercise

TRADE LANDS

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AVK

3 Domains of Learning

- Cognitive
- Affective
- Psychomotor

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AVK

3 Modes of Learning

- Audio
- Visual
- Kinesthetic

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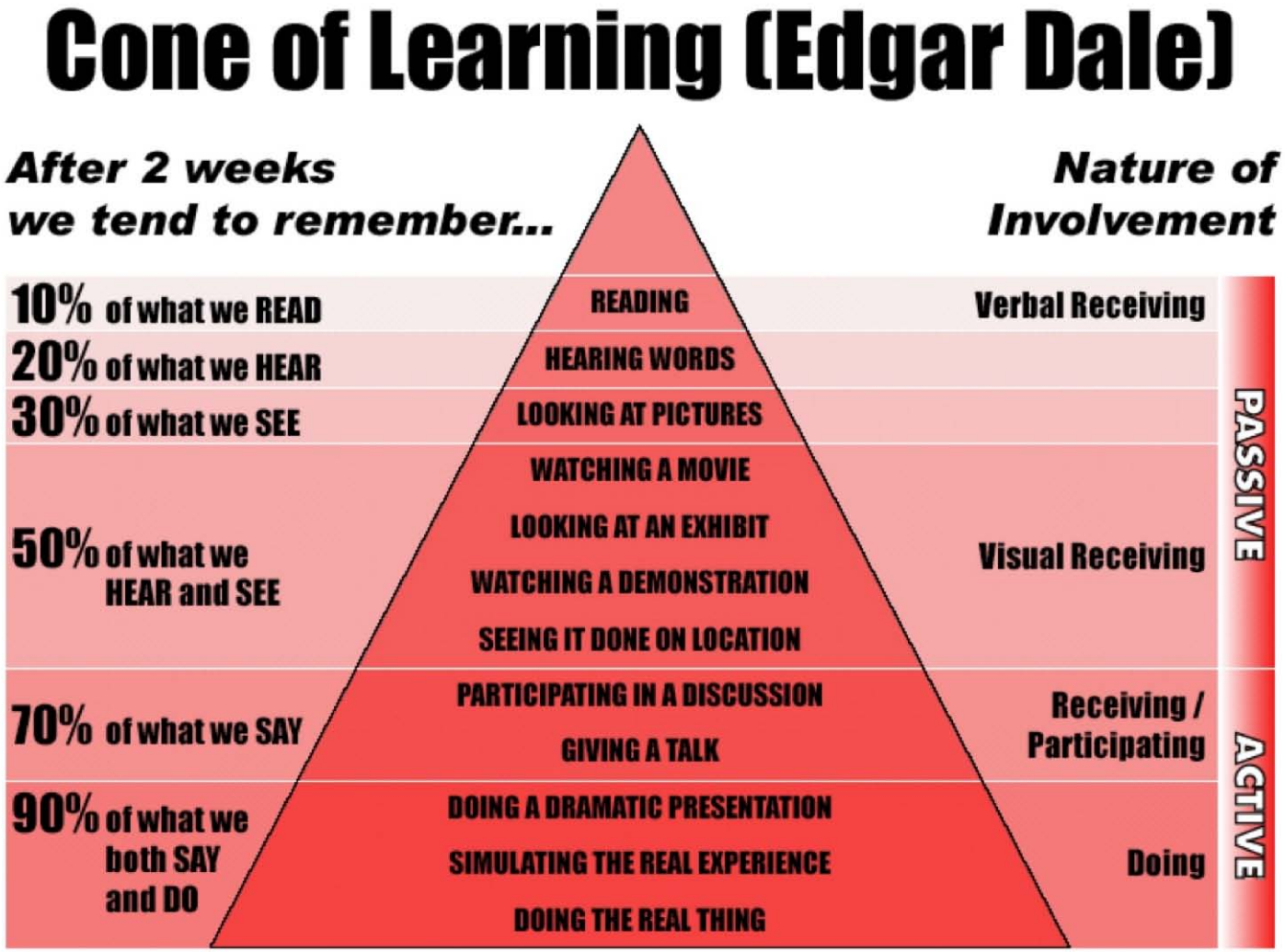
Dales Cone of Experience



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Promoting Personality

Freedom Writers

Personal Development

The Power of Journaling

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Objectives

Session Objectives

&

Trainee Responsibilities

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Endangered Voices

Endangered Voices; Speaking out for Positive Change

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The Truth about Youth

Youth know what they need…

Youth training youth works—by using their strengths, young people can teach and support other young people. They are a valuable resource!

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Any Questions?

Please fill out our survey and let us know if you would like to join our email list service.

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