Engaging Your School and Community

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Andria Fletcher
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Insert Andi's video here

Partnering with Families

Marguerite Ponce
Youth Program Director
Kids Campus Youth Center

Who we are

Our Saviour Center in El Monte:

- Social service outreach of the Episcopal Church of Our Saviour in San Gabriel, CA
- Provides assistance to low income families and individuals

Our mission: "***Share love , hope and resources with our neighbors in need.***" Healthy children and strong families are the cornerstone of a thriving community.

What we offer/do…

- Youth Education & Recreation at the Kids Campus
- Medical Services at Cleaver Family Wellness Clinic
- Temporary Emergency Shelter at Our Saviour Center
- Food Assistance Services at Our Saviour Center
- Adult Computer Classes at the Bird Learning Center
- Parenting Classes at Our Saviour Center

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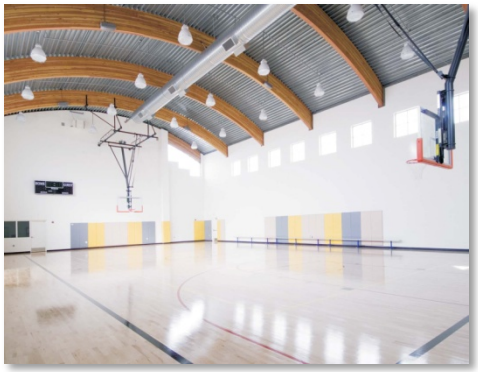
FOOD BANK
Fighting Hunger. Giving Hope.
(323)234-3030
www.lafightshunger.org

Kids Campus Youth Center



- Kids Campus designed for enrichment services.
- Built with extensive design input from local parents, school district and other stakeholders.

Kids Campus Services

Serve children ages 6-18

- Homework Assistance Club
- Fitness & Hiking Club
- Art Club
- Walking Club
- Bike Club
- Newsletter Club
- LITs (Leaders in Training)
- Sewing Club
- Music Appreciation Club
- Gardening Club

Enrollment Process

- Fall, Winter and Summer
- 15-30 minute family registration session
- Questions to help us understand and assist families
- Documents needed for registration:
  - Proof of Address
  - Parent Picture ID
  - Latest Children's Report Card
  - Proof of Family Income
  - Children's Picture

Parent Orientation

Mandatory parent orientation highlights our most important policies and procedures.

- Parents can ask questions
- Tours of the facility
- Offered in Spanish, English, Chinese, and Korean.

Family Involvement

Open House (2X year)

Mother/Daughter Night

Pinewood Derby

Spelling Bee

Clean-up Day

Movie Nights (2X month)

Father/Son Night

Talent Show

My Plate Night

Art Show/Art Auction

Family Involvement, cont.

- Annual Christmas Party
- Relay For Life Event
- Walking Club
- ESL Classes
- Career Day
- Food Distribution (2X week)
- Bike Rides
- Nutrition Workshops
- Parenting Workshops
- Program Evaluations

2012 Highlights

- Enrolled 350 poor, low-income, and “at-risk” children.
- Provided over 1,100 hours of tutoring through our after-school program.
- Facilitated 180 days of supervised exercise and sporting programs.
- Walking Club continues to be a success! Children with staff walked over 100 miles throughout the year.

2012 Highlights, cont.

- Continued implementing initiatives to support health and wellness that complement our physical and recreational activities.
- 70% of children who returned to our program for two or more consecutive semesters showed improvements and lowered their BMI

2012 Highlights, cont.

- Continued working closely with community members, families and schools to become full partners in strengthening students' health and well-being.
- Created outreach and education systems that increase awareness about ways to strengthen food security for families.

2012 Highlights, cont.

- Maintained partnership with the Los Angeles Regional Food Bank and Revolution Foods
- Provide healthy snack items (whole grain crackers, organic cheese, fresh fruit, low fat yogurt, healthy snack bars) and many other nutritious foods
- During school year and summer program

Questions?

Contact Information:

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Partnering with Local Health Departments and the Community

Mary Hoshiko Haughey
YMCA of Silicon Valley

Working with Public Health

Socio-Ecological Model

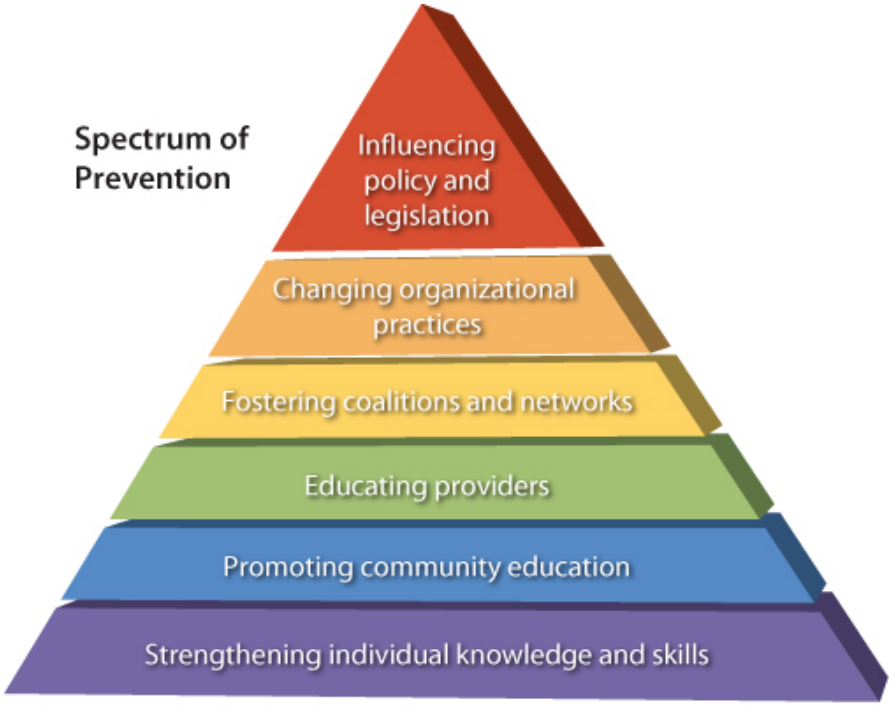

Fig. 3. The Spectrum of Prevention's multiple levels of intervention used together produce greater results than a single intervention activity (Cohen and Smith 1999).

YMCA of Silicon Valley Experience

How We Got Started

- Ask Questions
- Show Up at the ‘Table’
- Develop Relationships
- Become ‘Bilingual’
- Identify Working Leverage Points

YMCA of Silicon Valley Experience

Projects We Have Worked on Together

- STEPS to a Healthier US
- Healthy Silicon Valley
- REACH Gilroy
- Fit for Learning Comida Sana, Vida Activa
- Bay Area Nutrition & Physical Activity Collaborative
- Santa Clara County Healthy Apple Award

YMCA of Silicon Valley Experience

Benefits to our Y's After School Program

- Evidence-Based Curriculum
- Parent Education Materials
- School Wellness Policy/Healthy Snacks
- Health Fairs
- Collaborative Partners ➔ Funding

YMCA of Silicon Valley Experience

Benefits to our Public Health Department

- Access to their target audience
- Broadening the sector audience
- County-wide coordinated approach to public health
- Collaborative Partners ➔ Funding
- School Wellness Policy

Integrated Approach

Working with the Community

YMCA of Silicon Valley Experience

How We Got Started

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YMCA of Silicon Valley Experience

Whom We Have Partnered With

- Schools and County Office of Ed
- Health Collaboratives
- Food Banks
- Service Clubs
- ‘Like’ Organizations
- Policy (big “P” & little “P”)

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Schools and County Office of Ed

- School Wellness Policy
- District Nutrition Services
- Teacher Training
- Noon-Time Sports and Activities
- Family Events
- Fit for Learning

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Health Collaborative

- South County United for Health
- REACH Gilroy
- Sunnyvale Youth Obesity Collaborative

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Health Collaborative

- City Challenge Teams (Morgan Hill, Los Gatos, Palo Alto, Sunnyvale and Mountain View)
- Fit Kids Redwood City
- Santa Clara County After School Collaborative

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Food Banks

- CalFresh Enrollment
- SNAP Education
- Produce Mobile
- Kids Now Backpacks
- Fresh fruits and veggies snacks

YMCA of Silicon Valley Experience

Service Clubs

- Rotary
- Kiwanis
- Lions
- Y’s Men and Women

YMCA of Silicon Valley Experience

'Like Organizations'

- Santa Clara County After School Collaborative
  - Boys and Girls Clubs
  - Bay Area All Stars
  - Catholic Charities
  - City of San Jose
  - YWCA
  - School Districts

Santa Clara County
After School Collaborative

YMCA of Silicon Valley Experience

Policy

- Wellness Policy
- Organizational Policy
- Student Voice
- Policy (both big “P” and little “P”)

Let’s Move YMCA After School at Almaden
A White House Award Winning Video

Contact Info

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